

**ARMENIAN YOUTH OF CYPRUS FOR EU (AYCEU)**  
**Evaluation Letter**



**Project:** Protect the Environment and your Mental Health with your Connection with Nature (PEMEHECON)

**Agreement Number:** 2025-1-AT01-KA153-YOU-000297129

**Programme:** Erasmus+ KA153-YOU – Professional Development Activity

**Project Duration:** 1 August 2025 – 31 May 2026

**Training Activity:** 18 February – 1 March 2026, Vienna, Austria

**Evaluation Letter from Armenian Youth of Cyprus for EU (AYCEU)**

To Whom It May Concern,

On behalf of the **Armenian Youth of Cyprus for EU (AYCEU)**, we are pleased to provide our evaluation regarding the implementation of the Erasmus+ Professional Development Activity "**Protect the Environment and your Mental Health with your Connection with Nature (PEMEHECON)**", Agreement No. **2025-1-AT01-KA153-YOU-000297129**. The project brought together youth workers from seven partner organisations for an intensive international training in Vienna, Austria, focusing on environmental awareness, mental health, forest theatre, and non-formal education methodologies.

We would like to express our sincere appreciation to **Tredu Club**, the coordinating team, the project managers, trainers, and all partner organisations for the excellent implementation of the project. Throughout the entire project lifecycle, from the preparation phase to the final dissemination activities, all planned actions were carried out according to the agreed timeline and partnership commitments. Communication between the applicant organisation and the partners was efficient, transparent, and continuous, allowing every organisation to fulfil its responsibilities successfully.

The preparation before the mobility was exceptionally well organised. Participants received all necessary information in advance, including the Information Pack, participant agreements, webinars, online meetings, and clear instructions regarding travel, accommodation, Youthpass, and project expectations. The coordination team remained available at every stage to provide support whenever required, creating a sense of security and confidence among participants before travelling to Austria.

The training activity in Vienna exceeded our expectations. The educational programme was diverse, interactive, and professionally facilitated, combining environmental education, mindfulness, forest theatre, outdoor learning, creativity, teamwork, and reflection through non-formal educational methods. Every session encouraged active participation, intercultural dialogue, and practical learning. Participants particularly appreciated the balance between theoretical knowledge and experiential activities in nature, which strengthened both their professional competences and personal wellbeing.

The logistical organisation was equally outstanding. Accommodation, meals, transportation, training venues, and the daily schedule were managed with professionalism and flexibility. The organisers demonstrated excellent problem-solving skills and ensured that every participant, including those with fewer opportunities, felt supported, respected, and fully included throughout the activity.

From the perspective of AYCEU, the project created a strong international learning environment where participants developed new competences related to environmental protection, mental health promotion, facilitation techniques, outdoor education, and youth work. At the same time, the project strengthened cooperation between partner organisations and created new opportunities for future European collaborations.

Following the completion of the mobility, our informal group successfully implemented the agreed dissemination and follow-up activities, sharing the project's outcomes with local young people and promoting Erasmus+ opportunities within our community, in accordance with the partnership agreement.

Overall, we can confidently state that the **PEMEHECON** project was implemented with a very high level of quality. All activities were completed according to the planned schedule, all objectives were successfully achieved, and the participants expressed a very high level of satisfaction with every aspect of the project. The feedback collected from our participants was overwhelmingly positive, highlighting the professionalism of the organising team, the relevance of the educational content, the friendly atmosphere, and the lasting impact the experience had on both their personal and professional development.

We highly recommend the coordinating team for future Erasmus+ initiatives and look forward to continuing our successful cooperation in upcoming European projects.

Yours faithfully,

**Boghos Avetikian**

Leader of Informal group

**Armenian Youth of Cyprus for EU (AYCEU)**

Date: **28 May 2026**

Signature: \_\_\_\_\_

*Boghos Avetikian* 